

## Who will I see?

When you visit the ARC you will see a professional caseworker with experience in aftercare issues. They will talk through your current situation and provide help where needed.

Our services are confidential and participation is voluntary

## What does it cost?

There is no fee for our service. We are a Relationships Australia service, funded in partnership with NSW Community Services.

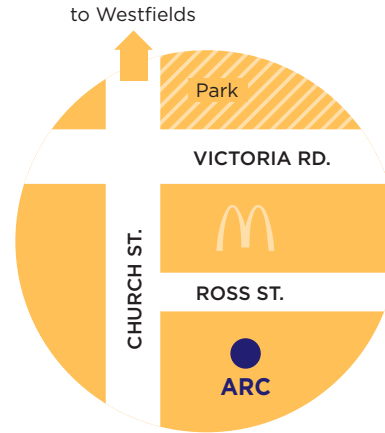
Waiting times for an appointment vary according to the current level of demand and your availability.

## How to find us:

### The ARC Parramatta

Suite 103, Level 1, 18 – 20 Ross St  
North Parramatta NSW 2151

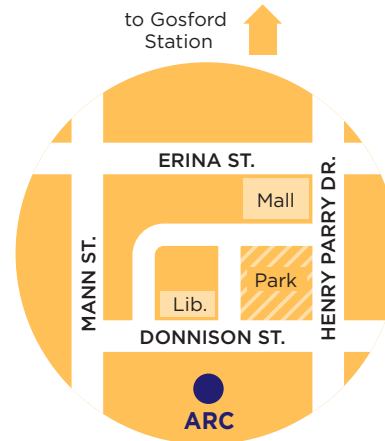
P: 02 9890 3899 /  
1800 656 884  
F: 02 9890 1170



### The ARC Central Coast

123 Donnison St  
Gosford NSW 2250

P: 02 4322 3659 /  
1800 656 884  
F: 02 9890 1170



*Relationships Australia*

NEW SOUTH WALES

P: 1300 364 277

[www.nsw.relationships.com.au](http://www.nsw.relationships.com.au)

**ARC**  
Aftercare Resource Centre

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Aftercare Resource Centre



A service to support people aged between 15-25 years who have been in Out-of-Home Care in NSW

**Freecall 1800 656 884**



So, you've left or are about to leave care and you're wondering **what now?**

Sometimes when young people leave care they don't get a chance to talk about what they want in the future and how these ideas can become reality.

The ARC provides support, information and resources to assist young people who have left or are about to leave out-of-home care. The support may be for housing, education, budgeting, parenting, or referral to other appropriate agencies as required.

We can also help you to access your ward file and provide support while you read it.



## How can the ARC help?

LISTEN TO YOUR STORY

HELP TO FIND A PLACE TO LIVE

SUPPORT FOR STUDY OR FINDING A JOB

UNDERSTAND YOUR CARE EXPERIENCE

TIPS ON MANAGING MONEY

REFERRALS TO HEALTH, LEGAL AND FAMILY SUPPORT SERVICES

GUIDANCE FOR COURT OR LEGAL ISSUES

SUPPORT TO ACCESS AND READ YOUR FILE



## About Relationships Australia

The Aftercare Resource Centre is managed by Relationships Australia.

Relationships Australia has been a leading provider of relationship support services for over 60 years.

Our services include counselling for individuals, couples and families; family dispute resolution; children's contact services for separated parents; family safety programs and family violence prevention; relationship and parenting skills education; Aboriginal counselling and partnership programs for Indigenous communities and Employee Assistance Programs and training for companies.

[www.nsw.relationships.com.au](http://www.nsw.relationships.com.au)